

# Single Organ System Exams

## Content and Documentation Requirements

<b>Level of Exam</b>	<b>Perform and Document</b>
<b>Problem Focused</b>	<b>1 to 5</b> elements identified by a bullet.
<b>Expanded Problem Focused</b>	<b>At least 6</b> elements identified by a bullet.
<b>Detailed</b>	<b>At least 12</b> elements identified by a bullet.
<b>Comprehensive</b>	Document <b>every</b> element under <b>constitutional</b> and <b>gastrointestinal</b> , <b>7 of the 11</b> elements under <b>genitourinary</b> , and at least <b>1</b> element in <b>each unbolded</b> system/body area

<b>Genitourinary</b>	
<b>System/Body Area</b>	<b>Elements of Examination</b>
<b>Constitutional</b>	<ul style="list-style-type: none"> <li>• Measurement of <i>any three of the following seven vital signs</i>: 1) sitting or standing blood pressure, 2) supine blood pressure, 3) pulse rate and regularity, 4) respiration, 5) temperature, 6) height, 7) weight (may be measured and recorded by ancillary staff)</li> <li>• General appearance of patient e.g. <i>development, nutrition, body habitus, deformities, attention to grooming</i></li> </ul>
<b>Neck</b>	<ul style="list-style-type: none"> <li>• Examination of neck e.g. <i>masses, overall appearance, symmetry, tracheal position, crepitus</i></li> <li>• Examination of thyroid e.g. <i>enlargement, tenderness, mass</i></li> </ul>
<b>Respiratory</b>	<ul style="list-style-type: none"> <li>• Assessment of respiratory effort e.g. <i>intercostal retractions, use of accessory muscles, diaphragmatic movement</i></li> <li>• Auscultation of lungs e.g. <i>breath sounds, adventitious sounds, rubs</i></li> </ul>
<b>Cardiovascular</b>	<ul style="list-style-type: none"> <li>• Auscultation of heart with notation of abnormal sounds and murmurs</li> <li>• Examination of peripheral vascular system by observation e.g. <i>swelling, varicosities</i> and palpation e.g. <i>pulses, temperature, edema, tenderness</i></li> </ul>
<b>Chest (breasts)</b>	<i>See genitourinary (female)</i>
<b>Gastrointestinal (abdomen)</b>	<ul style="list-style-type: none"> <li>• Examination of abdomen with notation of presence of masses or tenderness</li> <li>• Examination for presence or absence of hernia</li> <li>• Examination of liver and spleen</li> <li>• Obtain stool sample for occult blood test when indicated</li> </ul>
<b>Genitourinary (male)</b>	<ul style="list-style-type: none"> <li>• Inspection of anus and perineum</li> </ul> <p>Examination (with or without specimen collection for smears and cultures) of genitalia including:</p> <ul style="list-style-type: none"> <li>• Scrotum e.g. <i>lesions, cysts, rashes</i></li> <li>• Epididymides e.g. <i>size, symmetry, masses</i></li> <li>• Testes e.g. <i>size, symmetry, masses</i></li> <li>• Urethral meatus e.g. <i>size, location, lesions, discharge</i></li> <li>• Penis e.g. <i>lesions, presence or absence of foreskin, foreskin retractability, plaque, masses, scarring, deformities</i></li> </ul> <p>Digital rectal examination including:</p> <ul style="list-style-type: none"> <li>• Prostate gland e.g. <i>size, symmetry, nodularity, tenderness</i></li> <li>• Seminal vesicles e.g. <i>symmetry, tenderness, masses, enlargement</i></li> <li>• Sphincter tone, presence of hemorrhoids, rectal masses</li> </ul>

# Single Organ System Exams

<b>Genitourinary (female)</b>	<p>Includes <i>at least seven of the following eleven</i> elements identified by bullets:</p> <ul style="list-style-type: none"> <li>• Inspection and palpation of breasts e.g. <i>masses or lumps, tenderness, symmetry, nipple discharge</i></li> <li>• Digital rectal examination including sphincter tone, presence of hemorrhoids, rectal masses</li> </ul> <p>Pelvic examination (with or without specimen collection for smears and cultures) including:</p> <ul style="list-style-type: none"> <li>• External genitalia e.g. <i>general appearance, hair distribution, lesions</i></li> <li>• Urethral meatus e.g. <i>size, location, lesions, prolapse</i></li> <li>• Urethra e.g. <i>masses, tenderness, scarring</i></li> <li>• Bladder e.g. <i>fullness, masses, tenderness</i></li> <li>• Vagina e.g. <i>general appearance, estrogen effect, discharge, lesions, pelvic support, cystocele, rectocele</i></li> <li>• Cervix e.g. <i>general appearance, lesions, discharge</i></li> <li>• Uterus e.g. <i>size, contour, position, mobility, tenderness, consistency, descent or support</i></li> <li>• Adnexa/parametria e.g. <i>masses, tenderness, organomegaly, nodularity</i></li> <li>• Anus and perineum</li> </ul>
<b>Lymphatic</b>	<ul style="list-style-type: none"> <li>• Palpation of lymph nodes in neck, axillae, groin and/or other location</li> </ul>
<b>Skin</b>	<ul style="list-style-type: none"> <li>• Inspection and/or palpation of skin and subcutaneous tissue e.g. <i>rashes, lesions, ulcers</i></li> </ul>
<b>Neurological/Psychiatric</b>	<p>Brief assessment of mental status including:</p> <ul style="list-style-type: none"> <li>• Orientation e.g. <i>time, place and person</i></li> <li>• Mood and affect e.g. <i>depression, anxiety, agitation</i></li> </ul>